



SELF HEALING

Preston T. Johnson: A Course In Common Sense



Preston T. Johnson is an author who explores the intersection of spiritual and natural law. His work, "A Course In Common Sense," delves into understanding spiritual and natural laws from a holistic perspective.

August 4

NEW STURGEON
MOON

August 11

SUMMER
OLYMPICS
CLOSING
CEREMONY

**August
12-13**

PERSEID
METEOR
SHOWER

August 19

FULL STURGEON
MOON

STURGEON MOON & PERSEID METEOR SHOWER

The Sturgeon Moon in **August** is named after the abundant sturgeon fish found in North American lakes during this time. Observing the Sturgeon Moon can foster a sense of gratitude and reflection, aiding in personal self-healing practices by promoting mindfulness and a deeper connection to nature. Additionally, the Perseid Meteor shower peaks on the 12th, providing a celestial spectacle that can inspire awe and a deeper connection to the universe, fostering a sense of inner peace and rejuvenation.



2024 PARIS SUMMER OLYMPICS

The 2024 Summer Olympics in Paris run from July 24 to **August** 11, featuring 329 events across 32 sports, including the debut of breakdancing. The closing ceremony on **August** 11 at Stade de France, titled "Records," will include performers such as acrobats and dancers. Traditional elements like the Parade of Flags, final medal ceremonies, and the handover of the Olympic flag to Los Angeles for the 2028 Games will be featured, concluding with the extinguishing of the Olympic flame



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