

### Hot Dates in June Not to Miss!

JUNE 16 FATHER'S DAY JUNE 19
JUNETEENTH

JUNE 20 SUMMER SOLSTICE JUNE 21
FULL
STRAWBERRY
MOON

#### **FATHER'S DAY and JUNETEENTH**

Don't forget to give your dad or father like figures in your life a shoutout for all they've done and continue to do so. And, remember to celebrate the oldest known holiday that commemorates the end of slavery in the U.S., Juneteenth! This year the theme is, "Their Wildest Dreams," honoring the history of our ancestors and highlighting present accomplishments.

# SUMMER SOLSTICE & STRAWBERRY MOON

Personal and planetary shifts are also in store this month with the celebration of the Summer Solstice, which is the longest day of the year. Buckle up for the beginning of a hot summer by honoring Mother Earth and transforming yourself! And tie your shift in with the Strawberry moon, a nickname given by Indigenous people who used the full moon to note the time for harvesting strawberries and other foods.





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Distribution: Age of Radio Network & MegaPhone



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PUBLISHER: D.G. Safeer Hopton Editor-in-Chief: Shannan Evans Art Director: Nick Endicott Executive Assistant: Louis Geri