



**AWAKENING**  
**MUSIC BOOKS**

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## Celebrating African-American History and Valentine Love



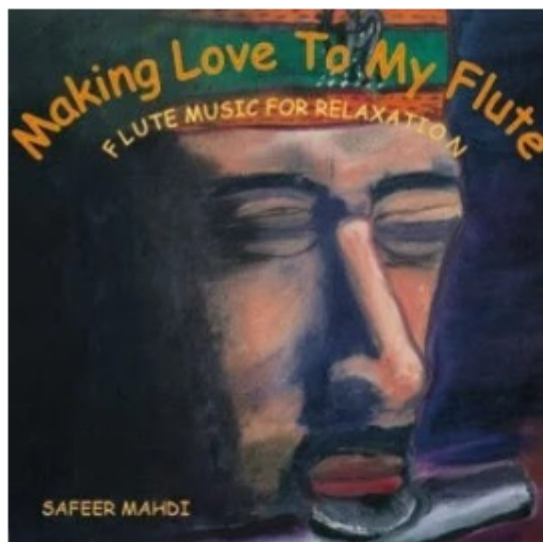
**BLACK  
HISTORY  
MONTH**

## Share the History & Spread the Love

February Sale!!

Both "The Herbal Medicine Chest" featuring Dr. Earl Mindell & "Making Love to My Flute" **music** CD featuring Safer Mahdi can be downloaded here for FREE until March 1st.

[Click the images below to download a FREE copy](#)



## Herbal Medicine Chest

Featuring: Dr. Earl Mindell, Pharmacist/Herbalist  
& Linda Runyon (The Wild Foods Lady), Herbalist



### WHAT IS LOVE?

Love is the Universe.

Love is the romance between the sun,  
moon, and stars.

Love is man  
and woman

in tune with each other

free of hang-ups and negativism

Love is you and I in our  
natural orbit.

Love is knowing and being who you are,  
then you are love and  
love is you.

- Safeer Mahdi

*"A child will respect a man only if the woman respects the man.*

*If this is not possible, it is best for the two (man & woman) not to live together."*

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## **Mirrors of Compassion**

Everyone we attract into our space is a mirror reflection of who we are in this moment. Having compassion and being unconditional when i see myself in another doesn't mean that i have to make the choice to be in a personal relationship with that person. I truly love for my Brother and Sister what i love for myself. When you understand natural law you know that if i take an eye, i lose my own eye. Everyone in my life is here because i requested them to be here to help me fine tune the image/knowingness of myself.

Click the image to read the full article

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