

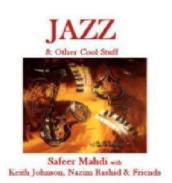
# 'TIS THE SEASON

music - podcasts - healing - books



## THE GIFT OF GIVING...

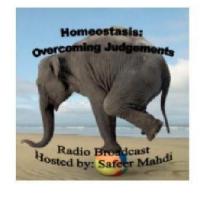
Everyone loves exclusive and unique gifts! Send your loved ones an album of healing sounds to help relax them during the busy holiday season or even treat yourself to a podcast to help overcome some of life's obstacles. We have a wonderful selection of music for everyone to enjoy and a wide variety of podcasts to keep everyone in the loop on trending topics!



#### Spirit Dance Yoga



Safeer Mahdi Drum, Phos, Percussion, Goog Ericka Brian Bowh, Goog, Native Drum, Phos









**DECEMBER** AMB





### DON'T FORGET...

What we see in others is a reflection of ourselves. Everyone we attract into our space is a mirror reflection of who we are in this moment. What we dislike about others is what we like & dislike about ourselves. We must remember to be compassionate to others, especially during challenging times. We reap what we sow, and if we continue to show kindness to others, the universe will be kind to us in return!

# WHY WAIT 'TILL CHRISTMAS?

We don't have to wait until December 25th to celebrate life! Each day is a blessing, and it takes just a little bit of effort to see the beauty in everything around us. It seems Christmas may have created the illusion that we need to spend tons of money to show our love & gratitude to others, but we can certainly show each other our appreciation each and everyday. Even if it's a simple "Thank you", or a small handwritten note, those words can make someone's day!



CONTACT US: INFO@AWAKENINGMUSICBOOKS.COM