

# SPIRITUALITY

- You are the master of your destiny and create your own reality.
- There are no limitations unless you need the illusion of limitations to make you feel happy and safe.
- Your life is your movie because you write the Script, produce it, direct it, distribute it, promote it, distribute it, and star in it.
- We live in a thought Universe so whatever you think in consciousness, will be mirrored back to you in your life ... it's not complicated.
- No one thinks in secret because your thoughts are the software and your life is the print out.
- Subconscious thoughts are connected to your soul-memory which is all pre-recorded and directly connected to you in this life and previous lives you've lived.
- Go directly to Spirit to heal yourself; you can't do it in the subconscious or conscious mind because the mind plays tricks on us by telling us exactly what we want to hear.
- It's about remembering what we already know in our soul-memory (DNA), and not about learning anything.
- We don't come into this 3D plane of existence dumb, but the mass controllers have to make us think we come here dumb in order for them to control us.
- Cultivating common sense through spirit and not through intellect is the key; as long as we put intellect first, the world society and the people will always be out of balance. It's all backwards because everything has become intellectual in this world; the powers that be don't want to put Spirit first because they (the mass controllers) would be out of business with nothing to do.
- "The Wizard of Oz:" when the curtain was pulled on the mighty Oz, he was revealed for who he really is ... a Wolf dressed in Sheep clothing.
- If Steph Curry thought about making a 3-point shot, he'd miss it every time ... it's called living/being in the zone, which separates the greats from all the others.

- The key is not being attached to anyone's perception of you and move on without drama or conflict. When people judge you, they are just seeing an aspect of themselves in you that they judged as being good or bad, right or wrong in their own perceived past, possibly another life, or some unpleasant experience they had.
- By respecting another person's right to see you however they chose to see you enables them to take a look into the mirror at themselves and the judgments they have about their own life.
- Remember, you have to know hot in order to know cold. What we like and dislike about another person is what we like and dislike about ourselves ... otherwise we couldn't recognize what we're looking at. This means that if what you see doesn't bring up any negative or positive emotions, it means that you didn't judge it in your perceived past.